

★ #1 RATED SPIRITUAL TREK IN UTTARAKHAND

Panch Kedar Trek

Start your **Panch Kedar Yatra in 2026**—visit all 5 sacred **Panch Kedar temples**: Kedarnath, Tungnath, Rudranath, Madhyamaheshwar & Kalpeshwar. The complete **Panch Kedar Trek** with route map & photos.

 Duration
12 Days

 Max Altitude
12,000 Ft

 Trek Distance
107 KM

 Difficulty
Moderate+

Book Your Trek Now starting ₹40,000
(<https://mountainiax.com/treks/panch-kedar-trek/>)

1k 2k 3k 4k 10,000+ Happy Trekkers ★★★★★ 4.9/5 Rating

What is Panch Kedar? Complete Guide to Panch Kedar Trek

The **Panch Kedar Trek** (also known as *Panch Kedar Yatra*) is one of the most revered spiritual pilgrimages in Hinduism, taking devotees through five ancient **Panch Kedar temples in Uttarakhand**, India. This sacred journey through the Garhwal Himalayas covers all 5 **Panch Kedar temple** sites.

According to Hindu mythology, after the **Kurukshetra war** (https://en.wikipedia.org/wiki/Kurukshetra_War), the Pandavas sought Lord Shiva to absolve their sins. Lord Shiva took the form of a bull (Nandi) and hid in the mountains. When found, he dived into the ground, with his body parts appearing at five different locations—these became the **Panch Kedar temples** that form the **Panch Kedar route map**.

PANCH KEDAR KE NAAM - THE FIVE SACRED TEMPLE NAMES:

Kedarnath: The hump (back) of Lord Shiva – Most sacred Jyotirlinga | First Panch Kedar temple

Tungnath: The arms of Lord Shiva – World's highest Shiva temple | Second Panch Kedar temple

Rudranath: The face of Lord Shiva – Most challenging trek | Third Panch Kedar temple

Madhyamaheshwar: The navel of Lord Shiva – Scenic valley setting | Fourth Panch Kedar temple

Kalpeshwar: The matted locks (Jata) of Lord Shiva – Year-round accessible | Fifth Panch Kedar temple

This 12-day **Panch Kedar Trek** covers approximately **107 kilometers**, reaching altitudes up to 12,000 feet. The **Panch Kedar route map** takes you through dense rhododendron forests, pristine alpine meadows (bugyals), ancient villages, and panoramic views of Nanda Devi, Chaukhamba, and Trishul peaks. Check out our **Panch Kedar photos** for a visual journey.

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Unlike the Char Dham Yatra, the **Panch Kedar Yatra in Uttarakhand** is less crowded, offering a more intimate connection with nature and divinity. It's considered the complete pilgrimage for Shiva devotees seeking the authentic **Panch Kedar** experience.

Trek Detail

-  Location
Uttarakhand, India
-  Total Distance
107 KM Trek + 500 KM Drive
-  Duration
12 Days / 11 Nights

Best Time to Visit

-  May - June
Pre-monsoon, clear skies
-  September - October
Post-monsoon, lush greenery
-  Temperature
Day: 10-20°C | Night: 0-5°C

Difficulty Level

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Moderate to Difficult

Prior trekking experience recommended. Good fitness level required.

★ Panch Kedar Temples - Sacred Destinations

Panch Kedar Ke Naam: The 5 Sacred Temples

According to Hindu mythology, after the Mahabharata war, the Pandavas went in search of Lord Shiva to seek his blessings. To avoid them, Lord Shiva transformed himself into a bull and disappeared into the ground. His body later reappeared in five different parts at separate locations, which are now known as the **Panch Kedar temples of Uttarakhand** (<https://mountainiax.com/panch-kedar-temples-of-uttarakhand/>). View Panch Kedar photos and temple details below.



 Kedarnath



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Most Sacred Jyotirlinga

📍 Uttarakhand, India • 11,755 ft

Kedarnath Temple

The most sacred among Panch Kedar, Kedarnath (<https://mountainiax.com/kedarnath-temple-the-heart-of-panch-kedar/>) is believed to be where Lord Shiva's hump (back) appeared. This ancient temple is one of the twelve Jyotirlingas and a key destination in Char Dham Yatra.

Mythology: Built by the Pandavas to seek Lord Shiva's blessings after the Kurukshetra war.

▲ Tungnath

▲ Rudranath Temple

▲ Madhyamaheshwar Temple

▲ Kalpeshwar Temple

📷 Panch Kedar Photos



Panch Kedar Photo Gallery

Explore stunning **Panch Kedar photos** of all 5 sacred temples and trek routes in Uttarakhand. Visual journey through the Panch Kedar Yatra experience. (<https://api.whatsapp.com/message/916398937502?text=Hello%20Mountainiax%20>)



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Kedarnath Temple

Tungnath Temple

Rudranath Temple



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Madhyamaheshwar Temple

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Trek Route

Kalpeshwar Temple

More **Panch Kedar photos** available during the trek. Capture memories at every Panch Kedar temple!

🖱 Essential Trek Information

Everything About Panch Kedar Trek

Complete guide covering best time, difficulty, preparation tips, packing list, and how to reach for your Panch Kedar Yatra in Uttarakhand.

Best Time to do the Panch Kedar Trek



Difficulty Level of Panch Kedar Trek



Preparation for Panch Kedar Trek



Things to Carry for Panch Kedar Trek



How to reach Panch Kedar Trek Base - Rishikesh
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Special Leave Planning for Panch Kedar Yatra
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Nearby Attractions to Visit After Panch Kedar Trek



Why Trek With Us?

Mountainiax (<https://mountainiax.com/>) don't just organize treks—we create transformative spiritual journeys that stay with you forever.



Safety First Approach

Certified guides, first-aid trained staff, and emergency evacuation protocols ensure your complete safety throughout the trek.



Expert Local Guides

Our experienced Garhwali guides know every trail, temple, and hidden gem. They share authentic stories and ensure cultural immersion.



15+ Years Experience

Successfully organized 500+ Panchkedar expeditions with 15,000+ happy trekkers. We know the route like the back of our hand.



Small Group Size

Maximum 15 trekkers per batch ensures personalized attention, better bonding, and a more intimate spiritual experience.



All-Inclusive Package

Transportation, meals, accommodation, permits, and temple arrangements - everything taken care of so you focus on the journey.



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24/7 Support

From booking to trek completion, our support team is available round the clock for any queries or emergencies.

15+

Years Experience

500+

Successful Treks

15K+

Happy Trekkers

4.9

Star Rating

12-Day Panchkedar Trek Itinerary

A carefully crafted journey balancing trekking, driving, and spiritual experiences across all five sacred temples.

-  Day 1 : 215 km drive Rishikesh to Pipalkoti ▼
-  Day 2 : 70 km round trip Pipalkoti to Kalpeshwar & Back ▼
-  Day 3 : 30 km drive + 8 km trek Pipalkoti to Sagar to Lyuti Bugyal ▼
-  Day 4 : 18 km trek Lyuti Bugyal to Rudranath & Back ▼
-  Day 5 : 8 km trek + 80 km drive Lyuti Bugyal to Sagar to Chopta ▼
-  Day 6 : 8 km trek Chopta to Tungnath to Chandrashila ▼
-  Day 7 : 65 km drive Chopta to Ukhimath to Ransi ▼
-  Day 8 : 24 km trek Ransi to Madhyamaheshwar ▼
-  Day 9 : 34 km trek Madhyamaheshwar to Ransi ▼

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Day 10 : 80 km drive Ransi to Guptkashi to Gaurikund



Day 11 18 km trek Gaurikund to Kedarnath



Day 12 18 km trek + 220 km drive Kedarnath to Gaurikund to Rishikesh



Panchkedar Trek Packages & Pricing

Transparent pricing with everything included. No hidden costs, no surprises.

☆ All-Inclusive Package

₹40,000 /person
+ GST

12 Days | 5 Temples | 107 KM Trek | All Meals Included

- ✓ What's Included
- ✓ Rishikesh to Rishikesh transportation
- ✓ All meals during the trek (Veg + Eggs)
- ✓ Accommodation (Hotels/Homestays/Tents)
- ✓ Expert trek leaders and support staff
- ✓ First aid medical kit
- ✓ Forest permits and temple fees
- ✓ Trekking equipment (tents, sleeping bags)
- ✓ Backup oxygen cylinder



Not Included

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- ✗ Personal trekking gear and clothing
- ✗ Personal expenses and tips
- ✗ Travel insurance (recommended)
- ✗ Helicopter rides if required
- ✗ Any meals not mentioned
- ✗ Pony/Porter charges for personal luggage

Book Your Spot Now
(<https://mountainiax.com/treks/panch-kedar-trek/>)

 Call: +91-6398937502
(tel:+91-6398937502)

 Upcoming Batches

17 May - 28 May 2026	open
 8 slots available	
24 May - 04 Jun 2026	open
 12 slots available	
31 May - 11 Jun 2026	open
 15 slots available	
06 Jun - 17 Jun 2026	open
 10 slots available	



Limited Spots!
Our batches fill up fast. Book early to secure your preferred dates.



 WhatsApp Inquiry

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What Our Trekkers Say

Real experiences from real adventurers who completed the sacred Panchkedar journey with us.



"The Panchkedar Trek was a life-changing experience. The organization was flawless, guides were knowledgeable about each temple's history, and the spiritual energy at each site was overwhelming. Highly recommend for anyone seeking both adventure and inner peace."

Rahul Sharma
Mumbai, Maharashtra

October 2024



"As a solo female traveler, I felt completely safe throughout the journey. The team took excellent care of everyone. The sunrise at Chandrashila and darshan at Kedarnath were moments I'll cherish forever. Worth every rupee!"

Priya Nair
Bangalore, Karnataka

September 2024



"We've done many treks, but Panchkedar stands out. The perfect blend of physical challenge and spiritual fulfillment. The local guides shared fascinating stories about each temple. Food was amazing – they even remembered our dietary preferences!"

Amit & Sunita Gupta
Delhi

October 2024



"At 55, I was worried about managing the trek. The team assessed my fitness well and provided personal attention when needed. The safety protocols gave me confidence. Completing all 5 Kedars was my life's achievement!"

Dr. Sanjay Kulkarni
Pune, Maharashtra

May 2024



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10,000+

Happy Trekkers

4.9/5

Average Rating

98%

Would Recommend

 Panch Kedar Trek FAQs

Panch Kedar Yatra: Frequently Asked Questions

Complete guide covering best time, difficulty, preparation tips, packing list, and how to reach for your Panch Kedar Yatra in Uttarakhand.

What is Panch Kedar and what are the Panch Kedar ke naam (temple names)? ▼

What is the Panch Kedar route map and trek distance? ▼

What is the best time for Panch Kedar Yatra in Uttarakhand? ▼

How difficult is the Panch Kedar Trek? Can beginners attempt it? ▼

What is the total cost of Panch Kedar Trek package? ▼

Where can I see Panch Kedar photos and temple images? ▼

What is the minimum age requirement for Panch Kedar Yatra? ▼

What type of accommodation is provided during Panch Kedar Trek? ▼

Is Panch Kedar Trek safe? What safety measures are in place? ▼

What should I pack for Panch Kedar Trek? ▼



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Still have questions?

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From The Founders

Our goal is to encourage sustainable tourism in offbeat destinations of the Himalayas. We want more people to get out of the main trekking hubs & experience themselves and the planet on a new more meaningful level.

Weekly Departures

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 +91-6398937502(tel:6398937502)

 +91-7887449236(tel:7887449236)

 themountainiax@gmail.com(mailto:themountainiax@gmail.com)

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239/2 Lane no.-3 Turner Road, Clement Town, Dehradun, Uttarakhand

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